

# ASSESSMENT

1. What are your top five personal values in order of importance?
2. Where in your life are you expressing your personal values?
3. Is there one or more areas in your life where your values are dishonored?
4. Is there a balance between work and other areas of your life?
5. Do you feel happy, creative, and innovative in your current life?
6. Overall, do your interests, hobbies, job, and volunteer work (vocation) and personal values appear to be congruent?

The answer to question six will tell you where you are, between a score of zero to 10, on the fit between vocation and personal values.